



Summit Africa

Kilimanjaro Charity Climb to support construction of

Corner Stone Children's Centre







6 day Machame Route Climb
In aid of the Corner Stone Children's
Centre (Moshi, Tanzania)

Plus: Optional Safari

Contact <u>amanda@pathtoafrica.org</u> for more information

Path to Africa has linked up with a local organization, Tanzania Childrens Concern (TCC), to build a new centre that will be a home to 30 – 40 children providing children in need with access to free education and a safe home environment. The building of the home coincides with the construction of a primary school and community centre which will provide education and health care services to vulnerable children and community members. The children at the new centre will not only receive quality care but will receive free education at the primary school and so have a chance at real opportunities for the future, while being active members of the local community.

www.pathtoafrica.org

DETAILS AND ITINERARY

Available Dates: Each year we try to plan a charity climb in February however you are free to fundraise and create your own climb dates. This can be with a group of friends, a solo climb or African Scenic Safaris can join you with other climbers so you have some company.

Climb Cost: Kilimanjaro climb cost is USD\$1200 per person. This includes everything except tipping and hiring of any additional clothing, sleeping bags, walking poles etc.

Fundraise/Donation: We ask you to fundraise a minimum of USD\$500 towards the Corner Stone Children's Centre. This is in addition to your climb cost.

Why should I consider this?

The Path to Africa Kili Climb provides the opportunity to climb Africa's highest peak while supporting the most vulnerable children of the local community. The children's centre will be home to 30-40 children and running costs will be covered from income generated by school fees from the primary school. In this way, all contributions to the children's centre not only cover immediate expenses but contribute towards a long term sustainable centre.

For many people out there who wish to give something back, this is a great way to support a local grass roots project. While in Tanzania you can visit and/or volunteer at the project and see exactly where your fundraising money is going.

Path to Africa needs to fundraise roughly 80,000 euro, and by the end of 2010 we have raised nearly 40,000 euro, almost 50% of what we need.

What is Path to Africa? Who are TCC?

Path To Africa is a non-government organization based in Moshi, Northern Tanzania. High rates of HIV and poverty leave many children of the community vulnerable and alone. PTA assists a number of locally run projects by providing access to funding, advice on short and longer term development strategies and volunteers.

Tanzania Children's Concern ,TCC, is a community based organisation based in Moshi town. They have already established a small, well run school and house 13 children, while supporting numerous other children within the surrounding community. Through their various activities the current centre is entirely self sustainable. However, TCC wish to expand their services and need to build a school on their own land in order to be secure.

TCC have secured funding to build a school and so Path to Africa have linked up with TCC to build a small home that will house orphaned children who cannot find accommodation with neighbours or relatives. The school will offer some free places to children from the home and to other children in need from the community. The income generated from the fees paid by the remaining students will cover the running costs of the school and home.

PTA is an entirely independent organisation relying on fundraising and the good will of our donors to help us achieve our goals. We need every penny we can get to establish this centre and every penny donated will go towards the costs of building the children's home.

Sample Itinerary: can be shortened or lengthened to fit with your flights/holiday time.

Arrival at Kilimanjaro Airport
Two (2) days in Moshi for acclimatization, sight seeing, and site visit
Six (6) day climb up Mt. Kilimanjaro (for detailed itinerary see below)
One day rest in Moshi
Optional wildlife safari
Departure from Kilimanjaro Airport

This is an example only and can be custom made to suit your arrangements.

How do I sign up or receive more information?

Please contact us at amanda@pathtoafrica.org

HOW TO FUNDRAISE

While e-mailing or calling friends and family are great fundraising strategies, you might find yourself looking for some more creative ways to bring in funding. Below is a list of fundraising ideas that have worked for others in the past. Do not be afraid to steal these ideas, modify them, or come up with brand new ones of your own.

Fundraising Strategies:

- **E-mail/Facebook:** Write out an e-mail explaining what you are doing why people should support your project. Send it out to all friends, family, co-workers, etc. and be sure to encourage them to forward the e-mail onto everyone they know. Personal e-mails are great as well. (You can find a sample letter/e-mail on the following page)
- Fundraising Dinner: Host a dinner at your house for friends and family where you pass around a hat collecting money OR host a dinner in which you ask everyone to pay a small price for dinner and explain that all of the proceeds go to your project. If you want to get really creative, you can make the dinner Tanzanian themed.
- Garage Sale, Raffles, Silent Auctions: "One person's trash is another person's treasure." Take
 the opportunity to clean out all of that old junk piled up in your house and get friends together
 to sell, raffle or auction off their old stuff to each other with all of the proceeds going towards
 your project.
- Bag Groceries: Talk to your local grocery store and offer to bag groceries for a day in
 exchange for allowing you to have a bucket at the end of the line/cue for people to place
 donations. Don't be afraid to wear a sign advertising your project and chat with all of the
 costumers coming through.
- **Solicit Local Businesses:** Contact local businesses and explain what this Kili Climb is all about. Ask them to sponsor your climb in exchange for you, upon your return, writing an article in the local paper and mentioning their business as a fabulous sponsor.
- **Restaurant Sponsorship:** Contact local restaurants and ask them to sponsor your project for one night. This means that you help to bring in lots of customers that night and at the end of the night, you receive a predetermined percentage of the evening's profits.
- **Pub Donations:** Ask several local pubs if you can make a speech explaining your cause and ask for donations. You can also sell raffle tickets for items donated by local businesses. Be sure to mention in the pub what generous local business donated the items to your cause.
- Local Band Performance: Recruit a local band to donate a free performance to your cause. Sell tickets for the event and you can also sell food and beverages to raise extra funds

These are definitely not the only fundraising strategies out there. Let yourself get creative. Good Luck.

Kilimanjaro itinerary and Information pack for Machame Route, Mount Kilimanjaro.





kilimanjaro national park park overview

Location Kilimanjaro Region, Tanzania

Gazetted

- > Declared a hunting reserve at the beginning of the 20th century
- > Became a forest reserve in 1921
- > 1971 KINAPA (Kilimanjaro National Park) the official governing body was created and formally opened in 1977
- > 1987 it was declared a "World Heritage Site"

Area 756 sq km

Topography 5 Levels of vegetation

Zone I - Arable Land (800-1800m)

Zone II - Lush forest (1800-2800m)

Zone III - Heather and Moorland (2800-4000m)

Zone IV - Alpine Desert (4000-5000m)

Zone V - Arctic (Above 5000m)

Main Features

- > Continents highest point
- > Highest 'freestanding' mountain in the world
- > Three peaks (Shira, Mawenzi and Kibo)
- > Five ascent routes -each with their own beauty and challenges
- > KINAPA's ecosystem contain almost every environment in the world (Glacier, snowfield, desert, alpine moorland, savanna and tropical rainforest)
- > Scenecios/giant groundsels and lobelias are endemic to the park
- > Panoramic views of Moshi, Mt. Meru and vicinity
- > And ultimately; gorgeous sunrises on the summit

Animal

Below 4,000m: Blue monkeys, Colobus monkeys, baboons, antelopes,

mongooses, civets, elands, elephants and buffaloes, wild-dogs, leopards, and

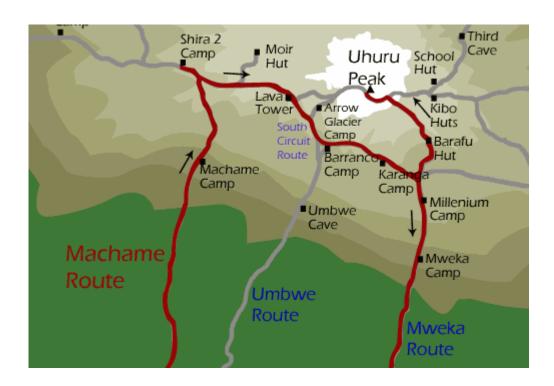
even lions on the Shira Plateau.

Birdlife Buzzards and eagles

Best time Late June to October and late December to early March

to visit

machame route



Detailed itinerary

DAY 1 Machame Gate to Machame Camp

1830m to 3100m 6000ft to 10,200ft Distance: 18km Hiking Time: 5-7

hours

Habitat: Montane

Forest

The drive from Moshi to the Mount Kilimanjaro National Park Gate takes about 50 minutes. The journey passes through the village of Machame which is located on the lower slopes of the mountain.

We now leave the park gate and walk through the rain forest on a winding trail up a ridge. Lower down, the trail can be muddy and slippery. Gaiters and trekking poles are a good idea here. We continue a short distance until we reach the Machame Camp.

DAY 2 Machame Camp to Shira Camp

3100m to 3840m 10,200ft to 12,600ft Distance: 9km

Walking Time: 4-6

hours

Habitat: Moorland

After breakfast, we leave the glades of the rain forest and continue on an ascending path, crossing the little valley walking along a steep rocky ridge, covered with heather, until the ridge ends. The route now turns west onto a river gorge. Time for rest, dinner, and overnight at the Shira campsite.

DAY 3 Shira Camp to Lava Tower to Barranco Camp

3840m to 4630m to 3860m 12,600ft to 12,700ft Distance: 15 km Walking Time: 5-7

hours Habitat: Semidesert From the Shira Plateau, we continue to the east up a ridge, passing the junction towards the peak of Kibo. As we continue, our direction changes to the South East towards the Lava Tower, called the "Shark's Tooth." Shortly after the tower, we come to the second junction which brings us up to the Arrow Glacier at an altitude of 4876m / 15,997 ft. We now continue down to the Barranco Hut at an altitude of 3860m / 12,664 ft. Here we rest, enjoy dinner, and overnight. Although you end the day at the same elevation as when you started, this day is very important for acclimatization and will help your body prepare for summit day.

DAY 4 Barranco Camp to Barafu Camp

3860m to 4600m 12,700ft to 15,100ft

Distance: 13km Hiking Time: 8 hours

Habitat: Alpine Desert After breakfast, we leave Barranco and continue on a steep ridge up the Barranco Wall, through the Karanga Valley (lunch at 4200m / 13,779 ft), and the junction which connects with the Mweka Trail. We continue up to the Barafu Hut. You have completed the South Circuit, which offers views of the summit from many different angles. Here we make camp, rest, enjoy dinner, and prepare for the summit day. The two peaks of Mawenzi and Kibo are to be seen from this position.

DAY 5 Barafu Camp to Summit to Millennium camp

4600m to 5895m (and down to 3100m)
15,100ft to
19,300ft (and down to 10,200ft)
Distance: 7km ascent / 19km descent
Hiking Time:6- 8 hours ascent / 7-8 hours descent
Habitat: Stone scree and ice-capped summit

Very early in the morning (midnight to 2am), we continue our way to the summit between the Rebmann and Ratzel glaciers. You head in a northwesterly direction and ascend through heavy scree towards Stella Point on the crater rim. This is the most mentally and physically challenging portion of the trek. At Stella Point (5685m / 18,652 ft), you will stop for a short rest and will be rewarded with the most magnificent sunrise you are ever likely to see (weather permitting).

From Stella Point, you may encounter snow all they way on your 1-hour ascent to the summit. At Uhuru Peak, you have reached the highest point on Mount Kilimanjaro and the continent of Africa. Faster hikers will see the sunrise from the summit. It can be very cold at night at these elevations, but it will be quite warm by the end of the hiking day. You will want clothing for both extremes with you.

From the summit, we now make our descent continuing straight down to the Mweka Hut camp site, stopping at Barafu for lunch. You will want gaiters and trekking poles for the loose gravel going down. Millennium Camp is situated in the upper moorland zone on the transition between alpine desert and moorland vegetation.

Later in the evening, we enjoy our last dinner on the mountain and a well-earned sleep.

DAY 6 Mweka Camp to Moshi

3100m to 1830m 10,200ft to 6000ft Distance: 15 km Hiking Time: 3-4 hours

Habitat: Forest

After breakfast, we continue the descent down to the Mweka Hut and then down to Mweka Park Gate to receive your summit certificates. At lower elevations, it can be wet and muddy. Gaiters and trekking poles will help. Shorts and t-shirts will probably be plenty to wear (keep rain gear and warmer clothing handy).